



12. Harzer MTB-Event
Altenau (Oberharz) / 22.05.2011

Detailed evaluation

Rokahr, Holger

Club: MTB-Deister
Number: 1053

Course: 114.00 km
Marathon Langdistanz

Category:
Senioren

Total time: 5:50:49

Speed: 19.50 km/h

Rank in course/Total: 37 (of 64)

Rank in course/Men: 36 (of 62)

Best time in course: 4:18:44

Rank in category: 14(of 28)

Best time in the category: 4:23:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	25.70	1:04:22	23.96	13	9:47	30	11:13	25.70	1:04:22	23.96	9	1:41	20	
Lap 2	38.00	1:52:21	20.29	15	26:18	36	29:26	63.70	2:56:43	21.63	9	13:23	18	
Lap 3	38.00	2:09:59	17.54	16	2:09:52	39	2:09:52	101.70	5:06:42	19.90	9	8:51	1	-
Last lap Finish	12.30	44:07	16.73	17	11:35	47	18:22	114.00	5:50:49	19.50	21	4:11:16	51	4:11:16