



6. Walking Day am Möhnesee Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Ruschel, Elke

Club: DJK Adler 07

Number: 12143

Course: 12.00 km

PostAG-Gruttmann-Lauf (Walking)

Total time: 1:36:08

Speed: 7.49 km/h

metres in height up: 218

Course score: 15.27

performance score: 114 Points