



6. Walking Day am Möhnesee
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Heitmann, Ernst

Club: Hohe Ward Gazellen/TuS-Hiltrup
Number: 12043

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:39:22

Speed: 7.25 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points