



6. Walking Day am Möhnesee
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Lapornik, Normann

Club: BSG DSW21/DEW21

Number: 12064

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:41:14

Speed: 7.11 km/h

metres in height up: 218

Course score: 15.27

performance score: 109 Points