



6. Walking Day am Möhnesee Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Thewes, Ralf

Club: Duisburg

Number: 12100

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:42:00

Speed: 7.06 km/h

metres in height up: 218

Course score: 15.27

performance score: 108 Points