



6. Walking Day am Möhnesee
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Spitzenberg, Mechthild

Club: SVD Drensteinfurt
Number: 12147

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:42:19

Speed: 7.04 km/h

metres in height up: 218
Course score: 15.27

performance score: 108 Points