



6. Walking Day am Möhnesee Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Herweg, Rudolf

Club: LT Siebengebirge

Number: 18076

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:02:33

Speed: 7.83 km/h

metres in height up: 262

Course score: 19.93

performance score: 167 Points