



## 6. Walking Day am Möhnensee Möhnensee-Körbecke / 04.06.2011

### Detailed evaluation

Lalk, Elke

Club: TUS Falke Berlebeck

Number: 18080

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:06:39

Speed: 7.58 km/h

metres in height up: 262

Course score: 19.93

performance score: 161 Points