



6. Walking Day am Möhnensee
Möhnensee-Körbecke / 04.06.2011

Detailed evaluation

Groh, Marie-Luise

Club: LG Ahlen

Number: 5083

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 40:08

Speed: 7.48 km/h

metres in height up: 42

Course score: 5.63

performance score: 42 Points