



6. Walking Day am Möhnensee  
Möhnensee-Körbecke / 04.06.2011

Detailed evaluation

rudolph, marianne

Club: herford

Number: 18070

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:26:09

Speed: 6.57 km/h

metres in height up: 262

Course score: 19.93

performance score: 140 Points