



6. Walking Day am Möhnesee  
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Lieske, Heidrun

Club: TV-Flerke

Number: 5042

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 41:40

Speed: 7.20 km/h

metres in height up: 42

Course score: 5.63

performance score: 41 Points