



6. Walking Day am Möhnesee  
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Glowig, Hartmut

Club: Ruhr-Möhne-Eck e.V.

Number: 5054

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 48:16

Speed: 6.22 km/h

metres in height up: 42

Course score: 5.63

performance score: 35 Points