



## 6. Walking Day am Möhnesee Möhnesee-Körbecke / 04.06.2011

### Detailed evaluation

Rock, Gitta

Club: Ruhr-Möhne-Eck e.V.

Number: 5067

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 52:25

Speed: 5.72 km/h

metres in height up: 42

Course score: 5.63

performance score: 32 Points