



6. Walking Day am Möhnesee Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Lange, Friedhelm

Club: TLV Rünthe

Number: 5055

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 52:53

Speed: 5.67 km/h

metres in height up: 42

Course score: 5.63

performance score: 32 Points