



6. Walking Day am Möhnesee
Möhnesee-Körbecke / 04.06.2011

Detailed evaluation

Ahlemeier, Elisabeth

Club: BSG Sparkasse Bochum

Number: 5059

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 56:50

Speed: 5.28 km/h

metres in height up: 42

Course score: 5.63

performance score: 30 Points