



1. "Athletes Care" Charity Sprint-Triathlon Büdingen 2011
Büdingen / 05.06.2011

Detailed evaluation

Karow, Laura

Club: SC Oberursel

Number: 279

Course: 25.55 km

Jedermann-Triathlon - Einzel

Category:

weibliche Junioren

Total time: 1:11:32

Speed: 20.97 km/h

Running performance: 2:48 min/km

Rank in course/Total: 34 (of 165)

Rank in course/Women: 5 (of 41)

Best time in course: 1:05:21

Rank in category: 1(of 2)

Best time in the category: 1:11:32