



1. "Athletes Care" Charity Sprint-Triathlon Büdingen 2011  
Büdingen / 05.06.2011

Detailed evaluation

Serr, Heidi

Club: TG Tria Rüsselsheim  
Number: 285

Course: 25.55 km  
Jedermann-Triathlon - Einzel

Category:  
MK1 weiblich, 40 - 44 Jahre

Total time: 1:12:59

Speed: 21.00 km/h  
Running performance: 2:52 min/km

Rank in course/Total: 40 (of 165)

Rank in course/Women: 9 (of 41)

Best time in course: 1:05:21

Rank in category: 2(of 8)

Best time in the category: 1:08:11