



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Wahrenberg, Sabine**

Club: Joymed Schmalkalden  
Number: 224

Course: 10.00 km  
Keltenbadlauf (Lauf)

Category:  
Frauen W45

Total time: 57:42

Speed: 10.40 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 43 (of 100)

Rank in course/Women: 8 (of 47)

Best time in course: 47:01

Rank in category: 1(of 7)

Best time in the category: 57:42