



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Apel, Michaela**

Club: Schweina

Number: 276

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W20

Total time: 58:20

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 45 (of 100)

Rank in course/Women: 9 (of 47)

Best time in course: 47:01

Rank in category: 1(of 3)

Best time in the category: 58:20