



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

Heyer, Ina

Club: Powerteam mit Biss Alea Sanitas  
Number: 206

Course: 10.00 km  
Keltenbadlauf (Lauf)

Category:  
Frauen W45

Total time: 1:00:28

Speed: 9.92 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 53 (of 100)  
Rank in course/Women: 13 (of 47)  
Best time in course: 47:01

Rank in category: 3(of 7)  
Best time in the category: 57:42