



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Brachvogel, Jürgen

Club: Lauf Dich Fit

Number: 281

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 1:00:50

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 55 (of 100)

Rank in course/Men: 42 (of 53)

Best time in course: 41:27

Rank in category: 7(of 9)

Best time in the category: 45:48