



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Kämpf, Nicole

Club: Moorgrund

Number: 303

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W35

Total time: 1:12:35

Speed: 8.27 km/h

Running performance: 7:16 min/km

Rank in course/Total: 90 (of 100)

Rank in course/Women: 39 (of 47)

Best time in course: 47:01

Rank in category: 7(of 9)

Best time in the category: 53:18