



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Limburg, Nicole**

Club: Lauf Dich Fit

Number: 309

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W35

Total time: 1:16:52

Speed: 7.81 km/h

Running performance: 7:41 min/km

Rank in course/Total: 92 (of 100)

Rank in course/Women: 41 (of 47)

Best time in course: 47:01

Rank in category: 8(of 9)

Best time in the category: 53:18