



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Wolf, Simone

Club: Lauf Dich Fit

Number: 338

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W45

Total time: 1:16:58

Speed: 7.80 km/h

Running performance: 7:42 min/km

Rank in course/Total: 93 (of 100)

Rank in course/Women: 42 (of 47)

Best time in course: 47:01

Rank in category: 6(of 7)

Best time in the category: 57:42