



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Thümer, Regine

Club: Powerteam mit Biss Alea Sanitas
Number: 526

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:05:37

Speed: 6.79 km/h

metres in height up: 305

Course score: 25.58

performance score: 182 Points