



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Hess, Torsten

Club: Fitness-Club im Keltenbad
Number: 566

Course: 21.10 km
Pummpälz Halbmarathon (Lauf)

Category:
Männer M40

Total time: 1:38:00

Speed: 12.86 km/h
Running performance: 4:38 min/km

Rank in course/Total: 14 (of 148)

Rank in course/Men: 13 (of 112)

Best time in course: 1:17:43

Rank in category: 4(of 20)

Best time in the category: 1:24:43