



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Siemon, Thomas

Club: Creuzburg

Number: 594

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 1:39:40

Speed: 12.64 km/h

Running performance: 4:43 min/km

Rank in course/Total: 16 (of 148)

Rank in course/Men: 15 (of 112)

Best time in course: 1:17:43

Rank in category: 5(of 27)

Best time in the category: 1:31:35