



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Bremmel, Heiko**

Club: Frankenstein

Number: 582

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:43:23

Speed: 12.25 km/h

Running performance: 4:54 min/km

Rank in course/Total: 23 (of 148)

Rank in course/Men: 21 (of 112)

Best time in course: 1:17:43

Rank in category: 2(of 9)

Best time in the category: 1:43:11