



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Jacob, Sören

Club: Gerstungen

Number: 436

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:45:44

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 28 (of 148)

Rank in course/Men: 26 (of 112)

Best time in course: 1:17:43

Rank in category: 5(of 20)

Best time in the category: 1:24:43