



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Grützmacher, Ansgar

Club: Stadtlengsfeld

Number: 424

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:49:37

Speed: 11.49 km/h

Running performance: 5:12 min/km

Rank in course/Total: 41 (of 148)

Rank in course/Men: 39 (of 112)

Best time in course: 1:17:43

Rank in category: 8(of 20)

Best time in the category: 1:24:43