



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

Iffert, Karl

Club: Wernshäuser Lauftreff

Number: 586

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M55

Total time: 1:49:51

Speed: 11.47 km/h

Running performance: 5:13 min/km

Rank in course/Total: 43 (of 148)

Rank in course/Men: 41 (of 112)

Best time in course: 1:17:43

Rank in category: 3(of 8)

Best time in the category: 1:40:44