



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Schmidt, Diana

Club: Powerteam mit Biss Alea Sanitas
Number: 521

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:20:45

Speed: 6.31 km/h

metres in height up: 305

Course score: 25.58

performance score: 169 Points