



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Bärwolf, Silvia

Club: Lauftreff Breitungen

Number: 409

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W50

Total time: 1:53:25

Speed: 11.16 km/h

Running performance: 5:23 min/km

Rank in course/Total: 58 (of 148)

Rank in course/Women: 6 (of 36)

Best time in course: 1:36:29

Rank in category: 2(of 7)

Best time in the category: 1:51:21