



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Günther, Heidi**

Club: SV Mihla

Number: 425

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W40

Total time: 1:54:21

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 63 (of 148)

Rank in course/Women: 8 (of 36)

Best time in course: 1:36:29

Rank in category: 3(of 8)

Best time in the category: 1:53:01