



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Paukner, Jörg

Club: Eisenach

Number: 544

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:56:25

Speed: 10.87 km/h

Running performance: 5:31 min/km

Rank in course/Total: 69 (of 148)

Rank in course/Men: 60 (of 112)

Best time in course: 1:17:43

Rank in category: 12(of 20)

Best time in the category: 1:24:43