



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Kitzing, Susanne

Club: Bärfelser Säcke

Number: 494

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:26:57

Speed: 6.09 km/h

metres in height up: 305

Course score: 25.58

performance score: 164 Points