



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Plötz, Heiko

Club: Mühlhausen

Number: 449

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:57:34

Speed: 10.72 km/h

Running performance: 5:34 min/km

Rank in course/Total: 74 (of 148)

Rank in course/Men: 65 (of 112)

Best time in course: 1:17:43

Rank in category: 13(of 20)

Best time in the category: 1:24:43