



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Zech, Roger

Club: LTZ Greußen

Number: 482

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 2:05:01

Speed: 10.08 km/h

Running performance: 5:55 min/km

Rank in course/Total: 100 (of 148)

Rank in course/Men: 83 (of 112)

Best time in course: 1:17:43

Rank in category: 19(of 27)

Best time in the category: 1:31:35