



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Kössel, Sylvia

Club: Thür. Genussläufer

Number: 441

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W45

Total time: 2:11:05

Speed: 9.61 km/h

Running performance: 6:13 min/km

Rank in course/Total: 109 (of 148)

Rank in course/Women: 18 (of 36)

Best time in course: 1:36:29

Rank in category: 5(of 11)

Best time in the category: 1:53:12