



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt

Number: 469

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W45

Total time: 2:11:42

Speed: 9.57 km/h

Running performance: 6:14 min/km

Rank in course/Total: 111 (of 148)

Rank in course/Women: 19 (of 36)

Best time in course: 1:36:29

Rank in category: 6(of 11)

Best time in the category: 1:53:12