



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Dittmar, Marion**

Club: Rhöner WSV

Number: 413

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W45

Total time: 2:13:54

Speed: 9.41 km/h

Running performance: 6:21 min/km

Rank in course/Total: 117 (of 148)

Rank in course/Women: 22 (of 36)

Best time in course: 1:36:29

Rank in category: 7(of 11)

Best time in the category: 1:53:12