



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Schwenker, Henrik**

Club: Wildeck

Number: 552

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M30

Total time: 2:14:06

Speed: 9.40 km/h

Running performance: 6:22 min/km

Rank in course/Total: 120 (of 148)

Rank in course/Men: 97 (of 112)

Best time in course: 1:17:43

Rank in category: 11(of 11)

Best time in the category: 1:31:24