



## 8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

### Detailed evaluation

**Thümer, Joachim**

Club: Powerteam mit Biss Alea Sanitas  
Number: 556

Course: 21.10 km  
Pummpälz Halbmarathon (Lauf)

Category:  
Männer M45

Total time: 2:21:30

Speed: 8.90 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 128 (of 148)

Rank in course/Men: 104 (of 112)

Best time in course: 1:17:43

Rank in category: 25(of 27)

Best time in the category: 1:31:35