



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Friedrich, Marcel

Club: Schwallungen

Number: 1007

Course: 42.20 km

Melborn Marathon

Category:

Männer M30

Total time: 4:19:58

Speed: 9.74 km/h

Running performance: 6:10 min/km

Rank in course/Total: 8 (of 16)

Rank in course/Men: 8 (of 15)

Best time in course: 3:33:58

Rank in category: 1(of 1)

Best time in the category: 4:19:58