



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Rauch, Andre

Club: LG Friedrichroda

Number: 1005

Course: 42.20 km

Melborn Marathon

Category:

Männer M45

Total time: 4:28:22

Speed: 9.39 km/h

Running performance: 6:22 min/km

Rank in course/Total: 9 (of 16)

Rank in course/Men: 9 (of 15)

Best time in course: 3:33:58

Rank in category: 3(of 3)

Best time in the category: 3:39:03