



8. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 05.06.2011

Detailed evaluation

Laig, Uwe

Club: TV Hohne - Lengerich

Number: 1012

Course: 42.20 km

Melborn Marathon

Category:

Männer M50

Total time: 5:09:37

Speed: 8.14 km/h

Running performance: 7:20 min/km

Rank in course/Total: 15 (of 16)

Rank in course/Men: 14 (of 15)

Best time in course: 3:33:58

Rank in category: 3(of 3)

Best time in the category: 3:52:46