



11. Kirschlauf des USV Erfurt  
Kleinfahrer / 12.06.2011

Detailed evaluation

Kintzel, Achim

Number: 171

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:07:32

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course/Total: 24 (of 174)

Rank in course/Men: 24 (of 127)

Best time in course: 49:14

Rank in category: 5(of 28)

Best time in the category: 56:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	39:30	4:45	6	6:32	30	9:46	8.30	39:30	4:45	25		24	9:43
Finish	5.70	28:02	4:55	7	4:42	29	8:35	14.00	1:07:32	4:49	5	11:14	24	18:18