



11. Kirschlauf des USV Erfurt

Kleinfahrer / 12.06.2011

Detailed evaluation

Ellinger, Dirk

Club: GMRLV
Number: 167

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:15:56

Speed: 11.06 km/h
Running performance: 5:25 min/km

Rank in course/Total: 63 (of 174)

Rank in course/Men: 62 (of 127)

Best time in course: 49:14

Rank in category: 12(of 28)

Best time in the category: 56:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	44:43	5:23	13	11:45	65	14:59	8.30	44:43	5:23	18		62	14:56
Finish	5.70	31:13	5:28	12	7:53	58	11:46	14.00	1:15:56	5:25	12	19:38	62	26:42