



11. Kirschlauf des USV Erfurt  
Kleinfahrer / 12.06.2011

Detailed evaluation

Helbig, Diethard

Club: Bad Langensalza  
Number: 35

Course: 14.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 1:16:12

Speed: 11.02 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 66 (of 174)

Rank in course/Men: 65 (of 127)

Best time in course: 49:14

Rank in category: 4(of 8)

Best time in the category: 1:08:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	44:24	5:20	4	4:07	63	14:40	8.30	44:24	5:20	4	4:07	65	14:37
Finish	5.70	31:48	5:34	4	3:46	64	12:21	14.00	1:16:12	5:26	4	7:53	65	26:58