



11. Kirschlauf des USV Erfurt

Kleinfahrer / 12.06.2011

Detailed evaluation

Helbig, Diethard

Club: Bad Langensalza
Number: 35

Course: 14.00 km
Hauptlauf

Category:
Männer M55

Total time: 1:16:12

Speed: 11.02 km/h
Running performance: 5:26 min/km

Rank in course/Total: 66 (of 174)

Rank in course/Men: 65 (of 127)

Best time in course: 49:14

Rank in category: 4(of 8)

Best time in the category: 1:08:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	44:24	5:20	4	4:07	63	14:40	8.30	44:24	5:20	4	4:07	65	14:37
Finish	5.70	31:48	5:34	4	3:46	64	12:21	14.00	1:16:12	5:26	4	7:53	65	26:58