



11. Kirschlauf des USV Erfurt

Kleinfahrer / 12.06.2011

Detailed evaluation

Heise, Ralf

Club: SC Impuls
Number: 130

Course: 14.00 km
Hauptlauf

Category:
Männer M35

Total time: 1:19:31

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 80 (of 174)

Rank in course/Men: 77 (of 127)

Best time in course: 49:14

Rank in category: 8(of 14)

Best time in the category: 55:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	46:35	5:36	8	13:44	78	16:51	8.30	46:35	5:36	8	13:44	77	16:48
Finish	5.70	32:56	5:46	6	10:12	76	13:29	14.00	1:19:31	5:40	8	23:56	77	30:17